

Traditional vs. Roth IRAs

Perhaps both Traditional and Roth IRAs can play a part in your retirement plans.

IRAs can be an important tool in your retirement savings belt, and whichever you choose to open could have a significant impact on how those accounts might grow.

IRAs, or Individual Retirement Accounts, are investment vehicles used to help save money for retirement. There are two different types of IRAs: Traditional and Roth. Traditional IRAs, created in 1974, are owned by roughly 35.1 million U.S. households; and Roth IRAs, created as part of the Taxpayer Relief Act in 1997, are owned by nearly 24.9 million households.¹

Both kinds of IRAs share many similarities, and yet, each is quite different. Let's take a closer look.

Up to certain limits, Traditional IRAs allow individuals to make tax-deductible contributions into the retirement account. Distributions from Traditional IRAs are taxed as ordinary income, and if taken before age 59½, may be subject to a 10 percent federal income tax penalty. For individuals covered by a retirement plan at work, the deduction for a Traditional IRA in 2019 has been phased out for incomes between \$103,000 and \$123,000 for married couples filing jointly and between \$64,000 and \$74,000 for single filers.^{2,3}

Also, within certain limits, individuals can make contributions to a Roth IRA with after-tax dollars. To qualify for a tax-free and penalty-free withdrawal of earnings, Roth IRA distributions must meet a five-year holding requirement and occur after age 59½. Like a Traditional IRA, contributions to a Roth IRA are limited based on income. For 2019, contributions to a Roth IRA are phased out between \$193,000 and \$203,000 for married couples filing jointly and between \$122,000 and \$137,000 for single filers.^{2,3}

In addition to contribution and distribution rules, there are limits on how much can be contributed to either IRA. In fact, these limits apply to any combination of IRAs; that is, workers cannot put more than \$6,000 per year into their Roth and Traditional IRAs combined. So, if a worker contributed \$3,500 in a given year into a Traditional IRA, contributions to a Roth IRA would be limited to \$2,500 in that same year.⁴

Individuals who reach age 50 or older by the end of the tax year can qualify for annual *catch-up* contributions of up to \$1,000. For these IRA owners, the 2019 IRA contribution limit is \$7,000.⁴

If you meet the income requirements, both Traditional and Roth IRAs can play a part in your retirement plans. Once you've figured out which will work better for you, only one task remains: opening an account.

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Citations.

1 - <https://www.ici.org/pdf/per23-10.pdf> [12/17]

2 - <https://www.marketwatch.com/story/gearing-up-for-retirement-make-sure-you-understand-your-tax-obligations-2018-06-14> [6/14/18]

3 - <https://money.usnews.com/money/retirement/articles/new-401-k-and-ira-limits> [11/12/18]

4 - <https://www.irs.gov/retirement-plans/plan-participant-employee/retirement-topics-ira-contribution-limits> [11/2/18]